

#### **MYLOR MAGAZINE**

October 2013



Serving the whole community

#### Mylor Magazine

mylormagazine@hotmail.co.uk

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Mylor Community Publications Group

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Cover: Good harvest now gathered (see p.33)
Photo: Jillie Dale

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#### Village Diary

#### October

7 <b>FH</b>	7.15pm	Parish	Council
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10 4.30 Mobile library

14 **OS** 7.30 **MGC** talk - p11

17 **TH** Xmas lights AGM - p16

21 **FH** Parish plan mtg - p10

23 **OS** Parish plan mtg - p10

24 4.30 Mobile library

24 **TH** 7.30 **FSM** talk - p5

24 **FH** Car park mtg - p10

26 **TH** 10-12 **CM** CHSW

26 **TH** 7.30 Hist Gp lecture

28 Sch Half term

30 **TH** 7.30 **MM** - p16

#### November

- 1 **Sch** Half term ends
- 4 **PH** 7.15pm Parish Council
- 8 4.30 Mobile library
- 11 **OS** 7.30 **MGC** talk p11
- 16 **OS** 7pm Plg. Fields Quiz night
- 22 4.30 Mobile library
- 23 **TH** All day Xmas gift fair
- 23 **TH** 7.30 Hist Gp lecture
- 30 27 **TH** 7.30 **MM** p16

#### **December**

- 1 2pm Carols at Enys
- 7 **TH** 10-4 **FSM** Xmas Fair
- 9 7pm Xmas lights Switch-on
- 9 **OS** 7.30 **MGC** talk p11
- 20 **Sch** End of term
- 30 18 **TH** 7.30 **MM** p16

Key: AS: All Saints Church, Con: concert, CL: Christmas Lights, CM: coffee morning,

**FH**: Flushing Vige Hall, **FSM**: Friends of StM, **MC**: Methodist Chapel, **MFC**: Mylor Flower Club, **MGC**: Mylor Garden Club, **MM**: Mylor Movies, **MS**: Mylor Sessions, **MYH**: Mylor Yacht Harbour,

OS: Ord Statter pavilion, PF: Playing Fields, PH: Parish Hall, Sch: Mylor School,

StM: St Mylor Church, TH: Tremayne Hall, TL: TDFAS lecture, Mylor Theatre, Truro College.

#### Vicar's letter ~ Revd Jeffrey James

As the magazine goes to press, the airwaves are full of speculation about the civil war in Syria with emphasis on the intentions of the Americans and the Russians and the possible consequences of an external military response to the probable use of chemical and or biological agents in the civil war. This seems a long way from life in Mylor and geographically it is, though it's our concern for a variety of reasons, two of which are particularly important.



First, there is the recognition that the plight of the people of Syria has a proper claim on our attention. The poet priest *John Donne* put it like this;

No man is an island, entire of itself ...

Any man's death diminishes me,

Because I am involved in mankind,

And therefore never send to know for whom the bell tolls:

It tolls for thee.

This is a vivid re-telling of the classic Christian understanding that if we are serious about loving our neighbours then we are interested in all humankind. The implication for Syria or for our local community is that indifference to other people's circumstances – walking by on the other side of the road - harms our neighbour and reduces our humanity. Even if we are unsure what is the right thing to do, the option of shrugging our shoulders or averting our gaze is one we should resist.

Second, working out how we resolve differences and maintain a sense of ordered community life without recourse to violence is an issue that is just as real for villages as it is for countries. The Christian tradition includes a variety of views amongst which is the longstanding and respected pacifist tradition that violent reprisal is never justified. A more common Christian tradition engages with these issues from the standpoint that violent action is never desirable though it may sometimes be necessary to prevent a greater harm. For those who take this view, the expectation is that where there is disagreement or unilateral violence, all steps should be taken to resolve the dispute without matching violence with violence. If it's clear that nonviolent action has failed to end the conflict, then those considering a violent response need to ensure that any such response has a legal basis, is proportionate to the original violent act and has consequences that can be contained and don't harm bystanders.

Whether we are thinking about Syria or relations between neighbours, whether the violence is physical harm or emotional or psychological harm, the common Christian approach reminds us that our respect for other people and for ourselves requires us to come to violence only with regret and as a last resort. Anything less, like death itself, diminishes all of us.

#### Parish of St Mylor

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#### Services for October Sundays

8am Holy Communion, 1662, St Mylor 9am Holy Communion, CW, All Saints 10.30am Parish Eucharist, St Mylor 4pm BCP Evening Prayer, All Saints

#### Tuesdays, Wednesdays and Thursdays

9am Morning Prayer, All Saints 5.30pm Evening Prayer, St Mylor

Wednesdays

Priest-in-Charge: Revd Jeffrey James (01326 374408)

Email: priest@jayscottassociates.co.uk

The Vicarage, 17 Olivey Place, Mylor Bridge, Falmouth TR11 5RX

Lay Reader: *Dorrit Smith* (01326 374361) Churchwarden: *Judy Menage* (01326 259909)

Email: judymenage@gmail.com

Organist: Sid Bryant, Clerk: Pauline Bryant (01326 316864)

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#### Talk by Peter Lavis



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The Friends Of St Mylor have had two events since our last report, the first being a BBQ on the 17 August. The weather was somewhat wet but thanks to Richard, Jane and Bob for their cooking in such bad weather, everybody had a good time Thanks also to committee members for all the salads and sweets. The second event was the Cream Tea which was on the 8 September at Trefusis, Flushing. Thanks to Nicholas and Servane for their hospitality and for opening their home to us.

Pamela Cartwright

#### **Church and Chapel News**

**Church news**: The Patronal Festival at the end of August saw our beautiful church decked with flowers – our team of flower arrangers, both ladies and one gentleman, once again excelled themselves for a service in celebration of St Mylor, at the end of which cake and wine were served.



A German film crew spent one morning in the churchyard, filming a short scene for a TV film of one of *Rosamund Pilcher's* short stories – she is a favourite author in Germany. We have been promised a DVD of the final product, but as this will be in German, we may struggle to follow the story.

Harvest Festival at the end of September is another opportunity to show our generosity to the Falmouth and Penryn Food Bank – we trust there will be a very wholehearted response to our request for just tin and packet goods on this occasion. This will be in addition to our regular giving to this vital organisation.

We shall be gathering as a church family to spend a day exploring how we can worship God and serve the local community in the years to come, on Monday 16 October at Epiphany House, Kenwyn - an opportunity to reflect on the past, consider the present and think about the future.

Judy Menage

Chapel news: On Sunday 25 August we held our second Songs Of Praise Service. The theme was 'Travel' and members of the congregation shared their experiences from around the world and thoughts on returning to Mylor. The service was led by *Margaret Rogers*, who told us about her special trip to Canada and then sang us a beautiful solo. Members and visitors chose their favourite hymns, which were sung throughout the service. On Sunday 8 September the Junior Church with *Martin* returned to meeting at 10.30 am and at the time of going to press were already choosing songs to perform at our Harvest Festival and planning ideas for our second Messy Church. Watch this space for news and updates. New members are always welcome to come and join in the activities. *Vyv Curnow* 

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#### **Community News and Views**

**Parish Council**: The monthly meeting was held in Mylor Parish Hall on Monday 2 September. It was agreed to go ahead with a small volunteer *working party* to attend to such things as weeds/rubbish and washing dirty sign posts -- some are very dirty. It is hoped this will all help to maintain a pleasant, well cared for parish that we can all be proud of. Anyone who would like more information or care to join this informal work party, please contact me on 01326 375252.

Two public meetings are to be held regarding a review/update of the 2009 Mylor Parish Plan. This is a plan to help determine 'the way forward' for the parish and is formed as a result of public consultation. It is vital that as many parishioners as possible attend to voice their wishes, thus enabling the Parish Council to decide on the best action to take in the future.

Parish Plan Public Meetings: Monday 21 October, 7.30pm at Flushing Village Hall and Wednesday 23 October, 7.30 pm at the Ord Statter Pavilion. There will be wine and cheese to tempt you. All are welcome at either meeting, regardless of whether they live in Mylor or Flushing.

Flushing Car Park Public Meeting: Friday 25 October, 7.30pm at Flushing Village Hall. Check your village notice boards for full details.

The new council web site continues to evolve. It was agreed that the council would join Cornwall Association of Local Councils. On 1 October electoral registration forms are being sent out to all households. People are required by law to provide the information asked for; only people registered will be able to vote in the European Parliamentary elections in 2014. You can help Cornwall Council save money by responding. No reply means reminders and canvassers being sent out to help people fill in their form.

Jan Robson

**Police Community Support Officer**: Concern has recently been raised on the number of unsolved crimes in the area. The majority of crimes committed in the parish are at isolated locations where enquiries are limited. Where possible, we carry out house to house enquiries, check if there is CCTV, look for forensics, conduct a

#### Community News and Views ~ continued

press release if applicable and carry out an intelligence search for related information.

This month we had 19 incidents reported, including car accidents, dangerous driving, loose animals, anti-social behaviour, domestic incidents and parking complaints. This represents a decrease of 12 crimes compared to last year.

Some of these incidents could have been avoided by taking reasonable steps to secure property and recording details and photographs to enable us to identify lost or stolen items that come into our possession.

For advice or enquiries your neighbourhood policing team can be contacted by email on falmouth@devonandcornwall.pnn.police.uk or on 01326 213455.

\*\*PCSO Chris Braddon\*\*

**Garden Club**: The new season of meetings started with a very interesting talk by *Tom Clark*, the head gardener at Trelissick Gardens, on his plant hunting trip to West Siang Arundashal Pradesh on the Southern side of the Himalayas. This was a real privilege as it is very difficult to get permission to travel to that area as it is close to the India/China border and subject to dispute. The local people they met spoke different dialects and dressed and built their dwellings differently from one valley to the next. As travellers are so unusual they were treated with great courtesy and invited to a wedding where they were plied with local home brew and strange foods. Despite these distractions they discovered several new species of rhododendrons and also ones not seen since the 1920s. They collected seeds, some of which have now been germinated at Trelissick and Edinburgh Botanic Garden. Amazing that there are still plants never before recorded.

Next month's meeting - Monday 14 October, 7.30 at the Ord Statter Pavilion is *Sheila Chandler* talking on 'Plants for Late Colour' and will include a very short AGM and a chance to pick up your free bulbs.

11 Nov. is *Bill Herring* on 'Grow your own Veg' and 9 Dec. is *Peter Lavis* on 'Heligan'.

Maggie Farley

#### Community News and Views ~ continued

**Flower Club:** "Life expectancy in the Gambia is 50–55 years, the average wage is £20 per month, the women are expected to do everything while the men sit around drinking tea and they often have two or three wives to make sure they are looked after well" *Angela Roose* told members on 2 September in the Ord Statter Pavilion. Her demonstration was called 'Summer Unwinds'. She based her five arrangements on the time she had spent in The Gambia with her family. She passed round richly coloured Gambian garments made of cotton and which looked like silk, and showed the ladies how to wrap the voluminous skirts round their waists.

Her first arrangement, a triangle placed in a Gambian wood carved boat with a pale purple sail, consisted of varying greenery at the base including bright privet to brighten it all up, a long purple gladiolus up the middle mast with two coming out at the side, lavender scented and cream coloured stocks, purple asters either side of the middle mast and finished off with a beautiful pink lily in the centre. Lovely!

Her second arrangement was based on Gambian wrought iron work. She used tall, long strips of black wire intertwined, added dark leaves to cover the base of the container, two sunflowers and to the side of these, three orange gerberas, golden rod, deep pink roses in a group, and outlined the whole arrangement with yellow roses, all the colours depicting the glorious rich colours of The Gambia, as all her arrangements did.

Her third arrangement was placed in a tall rusty metal container. In it, she placed magenta coloured stocks, pale and dark green fatsia leaves to hide the mechanics and also placed them at the back to give depth, phormium leaves, tall white roses to the centre and back, short-stemmed pink lilies in the middle and filled in with purple asters.

Her fourth arrangement was placed in a tall rectangular container covered in dried banana leaf small squares. First, she placed two sunflowers, cut short, in the middle, added orange, red and yellow gerberas grouped to one side and the middle, added three stems of pale purple gladioli at the other side and below these, a group of tangerine coloured roses and filled the whole arrangement in with purple asters.

Her fifth arrangement was set in a magnificent orange and gold vase, into which she placed fatsia leaves at the base, added leaves from an unknown house plant, with tall green phormium leaves at the back for height. Coming down, she placed three orange gerberas, below two sunflowers, then grouped five orange roses to the right of the arrangement to match the gerberas. Every arrangement showed the rich and vibrant colours of The Gambia.

Next month's meeting on 7 October will be the AGM. Any enquiries, please contact *Margaret Underwood* on 312499 or *Jean Frith* on 372071.

Irene Gardiner

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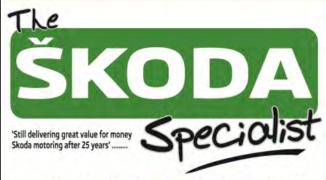
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#### **Local Arts and Crafts**

Mylor Movies: Our film for October is an Australian drama called 'The Eye of the Storm'. This is an adaptation of a novel by *Patrick White* and has been highly acclaimed as a "splendid and intelligent film, reminiscent of great literary dramas of the past". Starring *Geoffrey Rush*, *Judy David* and *Charlotte Rampling* in the central role of the domineering and controlling matriarch of the family. The film presents an era and a lifestyle that still exists in old moneyed mansions and bitter family brittleness.

We have had very good reports about this film and do hope that you will come and see it. Wednesday 30 October in the Tremayne Hall at 7.30pm. Tickets, £4.50, at the door.

We can now confirm the dates for our next two films. 27 Nov: 'Song for Marion' and 18 Dec: 'Robot and Frank'.

Jo Robertson

Trefusis Singers: Singing is so good for you; it keeps you healthy and, apparently, if one sings, one snores less! The Trefusis Singers are now rehearsing for their Christmas Concert at The Tremayne Hall on Sunday 8 December, 3 pm with afternoon tea. We would love to have a few more members to join this very happy and friendly choir under the professional expertise of our musical director, Bridget Westlake. Singing makes one feel happy, lifts the spirits and is good for one's well-being. Are you new to the village or the surrounding area and free on a Tuesday evening? If so, why not give us a try, especially if you are a little bit lonely and enjoy singing, however rusty? The choir raises money for local charities and after its Christmas Concert, it will be adding together the takings from both its Summer and Christmas Concerts in Mylor Bridge before deciding to which charity the money raised will be given. The choir meets on a Tuesday evening at the Mylor Methodist Church, 7.30 pm. We also sing at other venues in the area, including clubs, christenings, weddings and funerals. If you are interested, please contact me on 01326 619019. I would be delighted to hear from you.

Irene Gardiner

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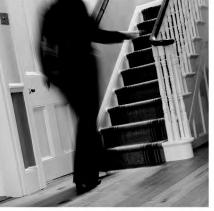
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#### Local Arts and Crafts ~ continued

**TDFAS**: Truro Decorative & Fine Arts Society on Wednesday 9 October *Janusz Karczewski-Slowikowski* traces the history of the chair from ancient times to the 19th Century.

We have all got chairs and use them every day but what do we know about their development in construction and style? Come and join us to find out - 7 pm, Mylor Theatre, Truro College (visitors £5). Free refreshments available from 6pm. For more information about this lecture and the society check out our website www.tdfas.com. *Karen Kitson* 

**Music in the hedgerow**: Mylor lanes in June are a symphony orchestra of movement and colour. A quiet string passage of little, wall-hung, dancing Daisies and Field Scabious; then a light percussion of Primroses, Ox-eye daisies and Ragged Robin. Suddenly the full Cornish crescendo of Campion, of brassy Broom and Buttercup and the massive French horn and full orchestral might of Foxgloves and Red and White Valerian. Sweet music that plays all day long, wherever you go. (From a visitor)

Mike Willmore

#### Snippets ~ Anonymous local comments

Mylor Bridge is a beautiful place with so much going on.

After nine years we are moving away from Mylor to be nearer the family. It is such a friendly place but the bus service is not very good.

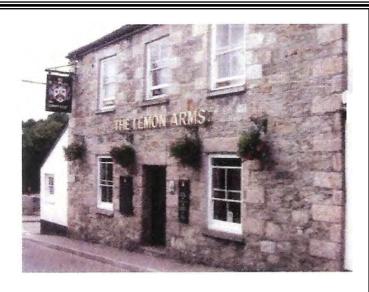
The condition of our roads is still poor and repairs are not good enough (says motor cyclist).

I am looking forward to meeting an old school friend who I haven't seen for 44 years.

I was a Parish Councillor in Nottinghamshire and the first item on the Minutes of a meeting held 100 years ago was - DOG MESS!

Mylor Magazine is looking for a replacement 'On the Water' correspondent, as the current one retires at the end of the year. The person concerned needs to be literate and computer capable, but above all to be passionate about all things nautical. If you would like to know more, please contact the editor (p2).

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#### Local History ~ History for sale (part two)

In last month's issue, the scene was set for the grand two day auction at

Trelissick House. The variety of items for sale was huge and one could acquire beautiful Chinese carpets, antique tables and chairs and even a large billiard table and associated cabinet with its own built in scoreboard. Those of a more

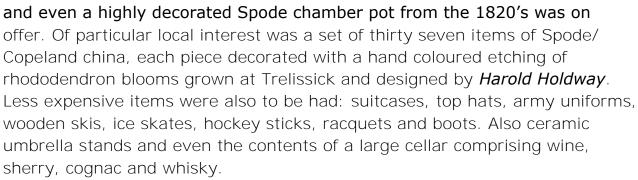
active disposition were attracted to two wooden boats, a sailing dinghy built in the 1950's by KR **Skentelbury** of Plymouth and a beautiful Canadian canoe brought across the Atlantic by Ronald Copeland on a liner in the 1920's.

There was a great deal of interest in the Fine Art, especially the pen and ink hunting sketches by John Frederick Herring, Snr; one of the most highly





Local people who had been fortunate to view the Copeland china collection in the past, hoped they might be able to purchase a small memento but once again the prices were very competitive. The variety of plates, vases, dishes, candlesticks, tea and dinner services, wine coolers, inkwells, egg cups and trays was immense

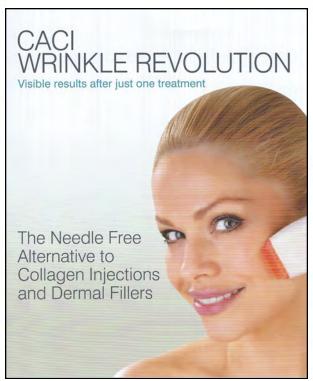


However, the most expensive item was a fine and rare Chinese flambé-glazed bottle vase, deep red streaked with blue, which realised almost £300,000. As sad as it was to see the contents of a grand house sold, it was comforting to believe that all the items will be treasured by new owners and their future Janet Mosedale MLHG will be ensured.

The Archive Centre in the Tremayne Hall is open during Thursday afternoons. Do call in and have tea with us. Our next lecture is on Saturday 28 Sept at 7.30pm and is on 'The Pharmacy of Yesteryear' by Kingsley Rickard. All are welcome.

You can find us on the website www.tremaynehall.org





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#### Health and Fitness ~ Rhiannon Parsons

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#### **Get circulating**

Have you noticed this tendency to sit down whenever possible? Often we have to, to drive or because our job involves sitting – at a desk, a till, a nail bar or in a van or lorry.

Sitting still is bad for us in so many ways that it gets blamed for: -

- neck ache,
- back ache
- stiffness and
- circulation problems, to name but a few.

Stretches can help some of this, but poor circulation needs more input. Surprise, surprise! Exercise is the best remedy. Sorry!

No need to go over the top, but you'll get the best results if you involve your whole body, so here's a quick workout for you to do either sitting on an upright chair or standing up: -

- ♦ March your feet 8 times
- ◆ Pat both thighs then clap the hands together 4 times
- ♦ Shake both hands to the right 4 times then left 4 times
- ♦ Shrug both shoulders up and down 4 times

Put one of your favourite tunes on to get a nice rhythm to work to, do the whole thing four to eight times through, catch breath and give your back, legs and hips a stretch. Do it again a few times each day, use it as a warm up before you go out for a walk down to our local shops and you should feel less lethargic and more energetic, as well as helping your body to help itself.

If you're fit and active, use fast music or if you need to take it more gently, use something slower so you don't get too out of breath. Other ideas to encourage you to move about a bit more: - keep the remote control by the TV, not by your chair; park at the far end of the supermarket car park; take the stairs instead of the escalator – even if it's only in the downward direction.



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## Cockwells Modern & Classic Boatbuilding Ltd



#### Monaco Tender

Cockwells this month launched another of their 9.5m superyacht tenders (above). The luxury launch is similar in build and design to the owner's tender they build for the 73m Vitruvius yacht but this one is topped in beautiful mahogany decks and a pearlescent blue hull finish. Another major difference is the engine choice of twin 270hp Nannis connected to Bravo One outdrive legs. The tender was built on spec for the Monaco Yacht Show 2013 where it was used to chauffer VIPs around in the four day by Bluewater charter company. It also played the special role in transporting the Red Arrows pilots from Nice to Monaco after their air display over the event on Thursday 26th September. At the time of writing the boat was mid-sea trails where a top speed of 41knots was gained. It is valued at £550,000.

The tender is pictured on the 20 tonne hoist which was obtained earlier in the year and enables Cockwells to handle even larger vessels for winter storage or refit.



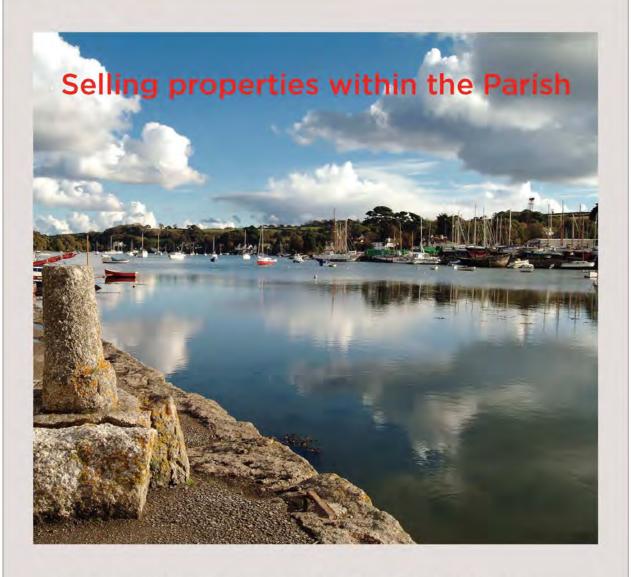
#### Duchy 33

In addition to the Duchy 25 shown last month, a 33ft version has been added to the range. These models have been on show at the Southampton Boat Show and in Monaco.



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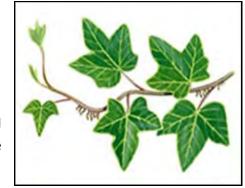
Make sure you give us your name, address and phone number with your entry, together with a title for your picture.

As before, the best ten entries (selected by an independent panel of judges) will be published in full colour in Mylor Magazine.

#### Wildwatch: ~ Dorrit Smith

Mother nature's time of profligacy is almost over, but like a good housekeeper she always has something in reserve. This month it is the

nectar-rich feast of the Ivy blossoms. Ivy is the plant which gives unseasonal blessings! There are the flowers, now giving a last and much enjoyed feast for insects including late Red Admirals and other beauties, as well as bees and moths (70 species of nectar feeding insects in all). Then, in early Spring will come the fruits, looking like shiny, black boot buttons; a banquet for blackbirds, thrushes,



blackcaps and fieldfares to name but a few of the 16 species of bird which rely on it for food. The berries are mildly toxic to humans but so bitter that cases of poisoning are rare.

Ivy (Hedera helix) is an evergreen climbing plant, growing 20 to 30m high where suitable surfaces (trees, cliffs, walls) are available, and also growing as groundcover where there are no vertical surfaces. It climbs by means of aerial rootlets with matted pads which cling strongly to the supporting structure. It does not actually harm the things which is uses for support but the weight of it can cause trees to topple and walls to crumble. Contrary to popular thought, it is not a parasitic plant.

The folk lore is strong and very interesting. For instance, to place an ivy leaf under your pillow may cause you to dream of your lover - try it if you dare! Women were known to carry ivy as an aid to fertility. They also carried it to ensure fidelity. This is where the custom of the bride carrying ivy came from.

In Celtic lore the Ivy symbolizes adaptability and a powerful survival instinct. When you look at the Ivy plant you can (if you squint) see in its leaves the face of a wolf, also known for its adaptability and powerful survival instincts.

As the year comes to a close and the time of *Samhain* approaches, an Ivy Moon is said to roll in at the end of the harvest season. Ivy often lives on after its host plant has died - a reminder to us that life goes on, in the endless cycle of life, death and rebirth. The Celts called the month of October *Gort*, pronounced *go-ert*. It was a time to banish the negative from your life and do works related to improving yourself. It is said if ivy grows near where you live it guards one against negativity and disaster. So you see it is not just a plant for the butterflies and birds - it may be useful to you too!

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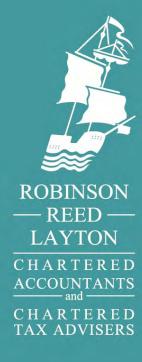
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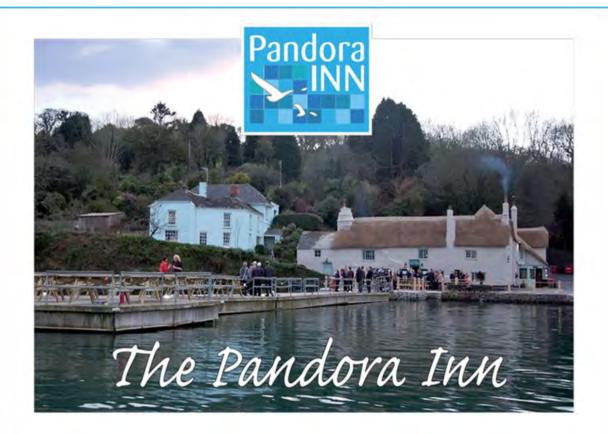
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#### Farming Notes ~ Matthew Dale

Phew! It's all done. Harvest is over, the grain is in the store and the fields have been cleared. Every year we look forward to harvest but every year the pressure is on to get the crops into the safety of our sheds. Our social lives get put on hold and the key focus of our energies is to keep the wheels of the combine moving. Its seven tonne grain tank is emptied into the trailers on the move so as to maintain the momentum. This meant that we were essentially finished by the end of August, a full two weeks earlier than last season.

And what a contrast to 2012. I once heard a meteorologist say that all the world's weather is created by sunshine and water vapour. I have to say that I hadn't thought of it that way before.

Last year we seemed to have a distinct deficit of the former and a surfeit of the latter. Thankfully the balance was redressed and both the second half of the growing season and the harvest enjoyed good sunshine. This meant that the crops grew well and produced good quality grain. It also meant that this quality was harvested and put into store thanks to the sunshine. The yields were 25% or so higher than last year and all the grain achieved the levels needed for brewing and breakfast cereals. Even the oil seed rape, or at least the forty acres not eaten by the slugs and pigeons, yielded reasonably well.

Our new combine also proved its worth in that it was very fast and efficient. Our best day this year was when we cut 52 acres of barley in Carclew; the fields overlooking Devoran. The whole block, formerly William Lemon's deer

park, cut in one day. We were delighted. This involved the combine cutting off the crop and separating 150t of grain from 100t of straw and loading the clean grain out into trailers. Quite a piece of kit. Now we have to start planting next year's cereals.

So now you have yourselves an exception to the rule: a happy farmer who is not moaning about the weather. You might even see me on my bike too.

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#### WINTER IS NEARLY UPON US!!

It may still be Barbeque season but Autumn and the chill of Winter are fast approaching. In the same way as you get your car winter checked, we are encouraging our patients to do likewise with their health.

#### FLU

During October and early November we will be running our annual Flu clinics. High risk groups (Over 65s, those with Heart, Kidney and Liver disease, Diabetics and Carers) are strongly encouraged to get their free vaccination. At Trescobeas, October's clinics will be run every Tuesday plus Friday 5<sup>th</sup> and Saturday 19<sup>th</sup>. At Mylor the two clinics will be on Thursday 10<sup>th</sup> October and Thursday 7<sup>th</sup> November. Please book through the main Trescobeas Surgery.

There are several new schemes this year. For the first time 2 and 3 year olds will be eligible for the flu vaccination. Due to the more delicate nature of this age group we will be tailoring our Trescobeas Saturday clinics for them.

#### **SHINGLES**

For 70 and 79 year olds the new shingles (Zostavax) vaccination is now being rolled out. Due to limited stock we have been told to target these 2 ages to begin with. If you fall into this category again please book through the main Trescobeas surgery.

#### **HEALTH CHECKS**

Finally we have fully embraced the new free NHS Health checks. These 20-30 minute consultations with a trained Nurse aim to measure your cholesterol and BMI and assess your other lifestyle factors. They give you a risk score and offer practical advice and guidance on how to improve your health and minimise the long term risks. Please book through the Trescobeas Surgery.

To register with Trescobeas, simply come into the Mylor branch surgery or ring 01326 315615 - or visit www.trescobeas-surgery.co.uk

#### On the Water ~ Malcolm Clark



ICCCC comes to the Roads. Strange low flying craft have been seen darting about the waters of the Carrick Roads. Restronguet Sailing Club and Windsport hosted the International C Class Catamaran (ICCCC) World Championships in the last week of September. At one time this was known informally as the 'Little America's Cup'.

Now it's just 'the Little Cup'.

The catamarans are quite remarkable: instead of a

conventional sail they have what is effectively a rigid wing and they foil. Once foiling the hulls are out of the water.

It is truly an international event, with teams from the UK, France, Canada, USA, Switzerland, Portugal, and in a first, the United Arab Emirates, although confusingly this boat was actually



sailing under the Swiss

flag. Some were represented by more than one of these amazing two man craft. Because of their innovative wing sail design they were housed in a set of large marquees in the field sometimes used by



the gig clubs to store their boats.

**Oysters again:** The Oyster season starts on 1 October. Wondering where to find some native Cornish oysters? With their smart new logo, Fal Oysters will be part of the fringe Falmouth Oyster Festival at the *Front* from 10-13 October.

**Welcome Autumn!** One of the benefits of the changing seasons is that the parking restrictions at Mylor Harbour are greatly relaxed. Those



tiresome double yellow lines are only operative during the summer months. While not encouraging you to park at will, you can at least park without the added stress of wardens or a long walk!



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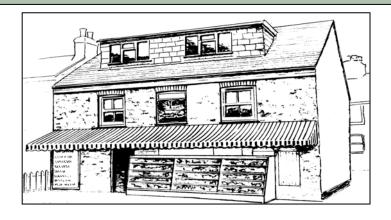




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#### Feature ~ Links to New Zealand

Meeting up with *Edith & Dave Shepherd* was one of the starting places for this piece.

We have a daughter living and working in New Zealand and their son lives in Akaroa on the South Island. We talked about visiting and then got round to how they came to Mylor and what was their New Zealand link.

It turns out they lived and worked in New Zealand for ten years before returning to the UK, via Yorkshire then Mylor when Dave got a job here, but minus their son who wanted to live life as a Kiwi. Next we met *Larrie Millett* who also has a daughter in New Zealand then there was *Ennis Hodgson*, and not forgetting *Jo Robertson*, who has family in Tasmania as well as New Zealand.

This seems a lot of visiting the other side of the world for a village in Cornwall.

Larrie and Ennis are now both resident in New Zealand as their only children live and work there. Jo, Edith and us visit our own children and meet up with the ex Mylor people as well. Earlier this

year Edith visited her son and met up with both Larrie and Ennis in Auckland. She talked about their lives now and how they have integrated into local life. Needless to say they both profess to missing Mylor and the local people but have settled fairly well.



Larrie loves her garden, she describes it as a mini Trebah (above). Now I know that there are other people in Mylor who have family in New Zealand perhaps I could get their stories one day? I asked Edith what she liked and disliked about New Zealand and she immediately replied that the people are so friendly but she missed the old buildings and the architecture and sense of history you get in the UK. I can say that I agree with her that the climate does offer a great lifestyle especially if you like the outdoor life.

Geoff Adams

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#### Point of View ~ Mary Richardson

#### Dog Fouling

I am sad to report that there have been several recent occurrences of dog fouling on the playing field. It has been necessary to clean up mess from both of the football pitches and even from around the children's play equipment.

Clearly at least one irresponsible dog owner is taking or allowing their dog onto the field to do its business.

Such irresponsible behaviour is beyond belief. The danger to children from touching dog faeces is well documented.

Every entrance onto the field has a notice making it clear that dogs are not allowed.

We need a strong community response to stop this antisocial and potentially dangerous practice before our children are damaged.

#### NO DOGS ON THE PLAYING FIELD PLEASE

**Please note**: Any views expressed above are personal to the contributor and do not represent an editorial viewpoint. Any feedback should go to the author c/o Mylor Magazine. We reserve the right to refuse or edit any contribution.



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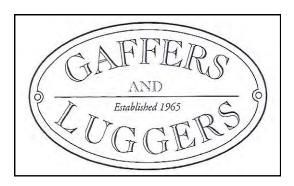
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23				24			

#### Across

- 1 Tertullus, who presented the high priest's case against Paul in his trial before Felix, was one (Acts 24:1) (6)
- 4 As balm (anag.) (6)
- 8 Having explored Canaan, he and Joshua urged the Israelites to take possession of it (Numbers 13:30) (5)
- 9 On becoming king of Judah, he had all six of his brothers killed (2 Chronicles 21:4) (7)
- 10 'Even the has found a home, and the swallow a nest for herself' (Psalm 84:3) (7)
- 11 Banishment(Jeremiah29:1) (5)
- 12 'And now I will show you the most way'(1Corinthians12:31) (9)
- 17 'Titus did not exploit you, did he? Did we not the same spirit and follow the same course?' (2 Corinthians 12:18) (3,2)
- 19 Mice den (anag.) (7)
- 21 How Egypt is often described in the Old Testament: 15 'If your hand you to sin, cut it off' (Mark 9:43) 'the land of — ' (Exodus 13:3) (7)
- 22 One of the first Levites to resettle in Jerusalem after 16 Something like these fell from Saul's eyes as the exile in Babylon (1 Chronicles 9:15) (5)
- 23 'As a sheep before her shearers is —, so he did not open his mouth' (Isaiah 53:7) (6)
- 24 Paul's birthplace(Acts22:3) (6)

#### Down

- 1 Ravenous insect inflicted on Egypt in vast numbers as the eighth plague (Exodus 10:14) (6)
- 2 Well-being (Philippians 2:20) (7)
- 3 Small piece of live coal or wood in a dying fire (Psalm 102:3) (5)
- 5 Sportsman or woman (2 Timothy 2:5) (7)
- 6 The original name of Abraham's wife (Genesis 17:15) (5)
- 7 'So in Christ we who are many form one body, and each — belongs to all the others' (Romans 12:5) (6)
- 9 According to Peter, a wife's beauty should not come from wearing this (1 Peter 3:3) (9)
- 13 'For God did not send his Son into the world to — the world' (John 3:17) (7)
- 14 'The Lord of heaven and earth...does not live in — built by hands' (Acts 17:24) (7)
- (6)
- soon as Ananias placed his hands on him (Acts 9:18) (6)
- 18 Track(Job41:30) (5)
- 20 Religious doctrine (5)

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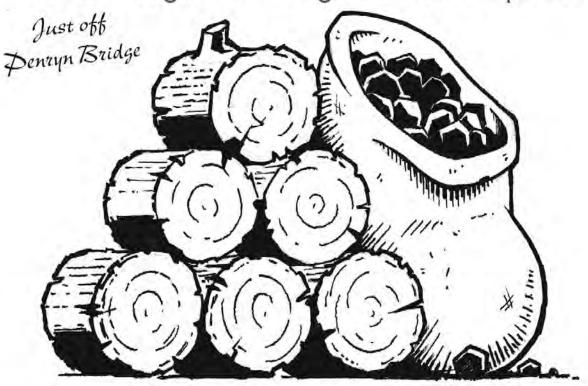
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### Crossword **Solution**

14, Temples. 15, Causes. 16, Scales. 18, Trail Sarai. 7, Member. 9, Jewellery. 13, Condemn. Welfare. 3, Ember. 5, Athlete

Across: 1, Lawyer. 4, 0, Sparrow. 11, Exile. 12, Excellent. 17, Act in Endemic. 21, Slavery. 22, Galal. 23, Silent. Balsam. 8, Caleb. 9, Jehoram

'In my defence, it is getting very dark in the mornings ..... and a little bit is preferable to the risk of waking my wife by turning a light on!'

of stick from the boys down at the docks

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**Tricia Adams**