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MYLOR MAGAZINE

November 2012



Serving the whole community

Mylor Magazine

mylormagazine@hotmail.co.uk

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Cover: A home-built boat nears completion in Mylor.
See article on page 26. (photo Michael JJ)

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Village Diary

November

- 3 6.30pm Scouts & Guides bonfire
- 5 **OS** 7.30pm **MFC** demonstration
- 7 Castaway's first quiz night see p45
- 10 **TH** 7.30 **con** *Treverva MV Choir*
- 10 **PH** 10-12 **CM** Vera welcomes you
- 12 **OS** 7.30pm **MGC** talk see p8
- 12 **TH** 7pm **MS** *John Williams* see p15
- 12 **OS** 7.30 **MGC** *Trees for small gdns.*
- 14 **TL** 7pm *Women artists in Cornwall*
- 15 **AS FSM** *Steve Huxley* talk + buffet
- 17 **OS** 7pm **PF** Quiz Night
- 24 **TH** 10-4.15 Xmas gift fair
- 24 **TH** 7.30pm History Group lecture
- 25 **TH** 3pm **con** *Duchy Opera* see p17
- 28 **TH MM** 7:30 *Tortoise in Love*

December

- 1 **TH** 10-12 Xmas Fair **FSM**
- 3 7pm Xmas Lights switch-on
- 8 **TH** 7pm **con** *Mylor Singers* p17
- 9 **MC** 4pm Christingle service
- 10 **OS** 7.30 **MGC** *Lake District*
- 12 **TL** 7pm *Christmas Pie*
- 12 **TH MM** 7:30 *Hope Springs*
- 13 **MC** 7 Community carol service
- 16 **AS FSM** 6pm Carol Service
- 19 **PH** 10-12 **FSM CM**

January

- 14 **OS** 7.30 **MGC** *Trewithen*
- 19 **PH** 10-12 **FSM CM**
- 26 **TH** 7.30 History Group lecture

Key: **AS:** All Saints Church, **con:** concert, **CL:** Christmas Lights, **CM:** coffee morning (10-12), **FSM:** Friends of St Mylor, **MC:** Methodist Chapel, **MFC:** Mylor Flower Club; **MGC:** Mylor Garden Club; **MM:** Mylor Movies; **MS:** Mylor Sessions, **MYH:** Mylor Yacht Harbour, **OS:** Ord-Statter pavilion, **PF:** Playing Fields, **PH:** Parish Hall, **Sch:** Mylor School, **StM:** St Mylor Church, **TH:** Tremayne Hall, **TL:** TDFAS lecture, Mylor Theatre, Truro College.

Vicar's letter ~ Revd Roger Nicholls



The name *Henry Martyn* first came to my attention on a boat cruising down the Fal from Truro to Falmouth. I knew then of that famous son of Truro, *Richard Lander*, whose monument stands just opposite his birthplace, the Daniell Arms. But I knew nothing of his close contemporary whose birthplace was pointed out over the tannoy, almost hidden by Cornish oaks on the western bank – the Revd Henry Martyn, evangelist and translator of

the Bible, son of a mine-agent at Gwennap.

He was of a later generation than the explorer of the Nile (he must **have been eight when the news was brought of Lander's death** – you have to wonder if the life of his famous fellow Cornishman had any bearing on his later life). He was to be another great traveller who met an early death, for he, like Lander, barely survived into his fourth decade: tuberculosis killed him at Tokat in modern day Turkey in October 1812, exactly 200 years ago. The Church of England remembers him with a *Lesser Festival* each year on 19 October.

What a journey, from remote, damp, comfortable Cornwall, via St **John's, Cambridge, to employment as chaplain to the East India Company** and his dedicated work of evangelism in India and modern-day Iran. But his great achievement was his translation, in a mere six years, of the New Testament into Hindustani, Persian and Arabic, the first since the fifth century.

O God of the nations, who gave to your faithful servant Henry Martyn a brilliant mind, a loving heart, and a gift for languages, that he might translate the Scriptures and other holy writings for the peoples of India and Persia: inspire in us a love like his, eager to commit both life and talents to you who gave them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

Roger

Parish of St Mylor
With the Mission Church of
All Saints Church, Mylor Bridge
www.stmylor.org.uk

Services for November 2012

Sundays

8am Holy Communion, 1662, St Mylor

9am Holy Communion, CW, All Saints

10.30am Parish Eucharist, St Mylor

4pm BCP Evening Prayer, All Saints

Tuesdays and Fridays

9am Morning Prayer, All Saints

Wednesdays

10am Holy Communion, St Mylor

11am Holy Communion, All Saints

Priest-in-Charge: **The Revd Roger Nicholls (01326 374408)**

Email: rognicholls@tesco.net

The Vicarage, 17 Olivey Place, Mylor Bridge, Cornwall, TR11 5RX

Lay Reader: **Dorrit Smith (01326 374361)**

Churchwarden: **Judy Menage (01326 259909)**

Email: judymenage@gmail.com

Organist: **Sid Bryant**, Clerk: **Pauline Bryant (01326 316864)**

PCC Secretary: **John Clark (01872 865974)**



Reg. Charity No. 1129030

Talk by
Steve Huxley MBE
on
**'The role of HM Coastguard
at Falmouth'**

THURSDAY 15TH NOVEMBER
7.30 pm

All Saints Church, Bells Hill

Followed by
Buffet with Complimentary Wine

Tickets £5.00

from Committee Members

Raising Funds for St Mylor and
All Saints Churches



Reg. Charity No. 1129030

CHRISTMAS MARKET

Saturday 1st December

9.30 - 12 Noon

Tremayne Hall, Mylor Bridge

Stalls include - Grocery, Cakes,
Preserves, China, Glass, Tombola &
Raffle.

**Raising Funds for St Mylor and
All Saints Churches**

Church news

Comfort Road Home group: Are you interested in deepening an existing Christian faith or exploring what it's about? *William and Ruth Trinick*, who are members of Kea Church, are starting a small group in their home in Comfort Road; meeting on Thursday evenings. If you are interested in joining please contact them on 01326 373695.

Churchyard renovation group: Little work has taken place in recent months due to the inclement weather. Following the rain, brambles, ivy and heavy weeds have been able to thrive and the group has to catch up on much work. Some of our trees have suffered storm damage and one tree had to be felled. We have had permission to fell a couple more trees which should help to make the area more open and light.

A strip of land along our boundary has been left uncut to provide habitat for small animals such as voles and field mice which are the number one prey for Barn Owls. So hope we might see some Barn Owls too. We have also put down two pieces of corrugated sheeting for Slow Worms to rest underneath them. They like the dark and warmth the sheets can offer. These sheets will be left in place during the coming season.

In the autumn and winter months we hope that the weather will be on our side so we can tackle outstanding jobs. We shall be offering logs for sale again but do need strong plastic fertiliser bags for them. We have a lovely reconditioned bench available to sit on and enjoy the lovely sea views from under one of the Blue Cedar trees. It was kindly donated by *Jennie McQueen* and re-conditioned by *Jock Huggins* using oak provided by *Chris Perkins*. During the early summer we found the remains of another seat hidden in the bank adjacent to the Ganges Memorial which we also hope to renovate. As ever, we are always happy to welcome any one with an hour or two to spare on **Wednesday mornings**. Experience isn't necessary as there are all sorts of jobs to be done. There's something for everyone.

Helen Fletcher

Methodist Chapel: Vera is organising a coffee morning in the parish hall from 10-12 am on 10 November. Sunday 9 December is the Christingle Service at 4 pm. Then on 13 December at 7 pm we are hosting a Community Carol Service with Daniel Sherman on the organ. The St Gluvius Church Choir, the Killigrew Singers and the Mylor Singers will perform and it should be very festive.

Vyv Curnow

Community News and Views

Flower Club: Our AGM was conducted swiftly by *Jean Frith* and ended with a presentation of flowers to *Jenny Bramley* in thanks for the use of her house for committee meetings. Jean announced that the Co-op had donated £1000 from unclaimed dividends. Jean has now become President and *Margaret Underwood* is Chairman. *Sylvia Ollerenshaw* was presented the annual flower competition cup while *Elizabeth Doidge* won the monthly competition.

After the AGM, *Di Taylor* spoke about pottery. She passed some small balls of clay round for members to work on, showing them how to knead and mould it before collecting their efforts to fire and return later. She explained that pottery making goes back 10,000 years and she had Japanese porcelain, Greek earthenware and other pots on display for all to examine.

Gill Richard then gave a talk on embroidery entitled 'Can I blame it on my mother?' because her mother was asked to embroider some chairs for *Queen Mary* but did not do so. She did teach nine year old Gill however and she has been busy ever since. She showed examples of her mother's work, some from her time in Germany.

Next month (5 Nov.) *Charlotte Marquand* is the demonstrator.

New members welcome - just come or phone *Monica Smith* on 01326 379232.

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Community News and Views ~ continued

Christmas Gift Fair: Once again the Tremayne Hall will be opening its doors to our gift fair, on Saturday **24 November**.

This is the fifth year for an increasingly popular fair, with over 24 stalls exhibiting a range of gorgeous gifts such as jewellery, beautiful glassware, plants,

festive wreaths, attractive stationery, food hampers, bags,

knitwear and much more. We are often

complimented on the quality, variety of goods and fantastic atmosphere. Mylor fair has become one

of the most popular Christmas venues to visit and stalls are much in demand. Music from **Mylor**

school, local fiddle players and refreshments

throughout the day. Do come along for hassle free

shopping, to support local craftspeople and for a

great social event. Walk if able as parking is

limited. Open 10 to 4.15pm.

Jan Robson



Garden Club: Picture shows *Marion Drabble*, a founder member of Mylor Garden Club, cutting our 25th Anniversary cake at the meeting on Monday 8 October. There was a brief AGM and then an interesting illustrated talk by *Alistair Rivers* of Duchy College on 'A History of Gardens in Cornwall'.



I think we all learnt some new facts about local gardens.

Our next meeting, on 12 November, is an illustrated talk by *Tim Ellis* who will tell us about 'Trees for Small & Medium Sized Gardens'. As always we meet in the Ord Statter Pavilion at 7.30pm.

Maggie Farley

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Sarah Newton MP

For Truro and Falmouth



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Please get in touch with me and I will be happy to help.

Contact Details:

18 Lemon Street, Truro, Cornwall TR1 1LZ

Phone: 01872 274 760

Website: www.sarahnewton.org.uk

Community News and Views ~ continued

Fish and Chips: *Adrian and Debbie Hicks* bring their van to the bottom of Bonython Close every Saturday from 4.30 - 7 pm. They serve a full range of delicious fish and chips with various sauces, plus chicken, beefburgers and much more - all piping hot. They also do things like chicken nuggets for children.



Adrian and Debbie in their van



They are based in Indian Queens and cover a wide range of sites in the area with their two vans and two willing helpers - their daughters, *Danielle and Michele!* Adrian tells me that they have been running this business for two years now. Before that they were making and selling Cornish Pasties in Brisbane, Australia.

Michael Jeans-Jakobsson

Local History Group: Our season's talks began on 29 September with 'The History of Chacewater'. *Peter Mitchell* gave us a slide show of the village, showing early 19th century scenes including several of the main street. Present day traffic passing through Chacewater with great difficulty is such a contrast to former times. Peter has a lot of slides of village groups and it is encouraging us to collect more photographs of Mylor groups. If you have any, would you consider showing them to us one Thursday afternoon in the Tremayne Hall? We could then arrange to copy them.

Our next talk will be given by *Chris Blount* on 27 October. He was very popular on Radio Cornwall for many years, presenting the **early morning programme 'Coast to Coast'**. He broadcast conversations with local characters and gave true pictures of life in Cornwall. Although retired, Chris Blount has still got real affection for the county. Come along at 7.30pm to hear some of his tales. We have a talk every month from Sept to March, and in April and May we are likely to have a social event and another trip out.

(contd on p13)

LANDLORDS: REASONS TO CHOOSE TIDMANS...



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Community News and Views ~ continued

During the last month, we have received an extremely kind donation from the Bradley family. Clare Bradley, who died recently, was the widow of Tom Bradley of Penoweth. Their sons, Michael and John, have given us many fascinating old maps of the Mylor area, slides and details of Perran Foundry (very topical with the present development), an interesting aerial photograph of the village dated about 1970, and many more items. All these were collected by Tom, who was an engineer and had a vast knowledge of the Perran Valley industries. We have also received many books on Cornish History from the family which we have put into our library for our member to borrow.

Some of these items will be available for you to see at our meetings on 27 October and 24 November.

Jill Quilliam

Competition open to local amateur photographers



PET PICS



Send us a photograph **taken by you** of **your pet** - be it dog, cat, pony, parrot or guinea pig. *Any size. Any format.*

Email it to **mylormagazine@hotmail.co.uk** with your name, address and telephone number or put a print in an envelope marked **Mylor Magazine Photo Competition** and hand it in at the **Post Office**. Please put your name, address and telephone number on the **back of the print**.

All entries to be received by **1 December**.

The best ten pictures will be published in full colour in the centre spread of the January issue of the magazine.

The judges will be the Editor, our House Photographer and **Toby Weller**, photographer at the West Briton.

Local Arts and Crafts

Truro Decorative & Fine Arts Society: In September 'The Language of Renaissance Art' by **Shirley Smith** was a superb and fabulously illustrated lecture. Shirley showed us a wide variety of paintings and highlighted all the little clues in them that give more information. In the backgrounds were animals and figures which I would never have noticed. The wonders of digital equipment enabled these shadowy figures to be enlarged to reveal gods, cupids, lions, etc., all adding their own messages. Focussing on pearls, pomegranates, pipes and peacocks an unspoken language was revealed. A fascinating evening.

By the time you read this we will also be well versed in the effects of the Black Death on the arts and architecture.

Don't miss the next lecture on 14 November, Mylor Theatre, Truro College. This time much closer to home - **Catherine Wallace**, ex-curator of Falmouth Art Gallery will look at the many women artists who came from as far away as New Zealand to capture Cornwall's charms. We would love you to join us for this or any lecture that might interest you. No need to be a member, just come along - £5 per lecture including tea/coffee and biscuits. Lectures start promptly at 7pm and last for about an hour.

Karen Kitson

Book Group: The evening group met to discuss **The Thread** by **Victoria Hislop**, which takes as its backdrop the troubled history of the city of Thessaloniki. It begins with the devastating fire of 1917 which swept through the thriving multicultural city where Jews, Christians and Moslims lived happily side by side. The story takes us through other catastrophic events as war, fear and persecution begin to divide its people, changing the city forever. The stories of individuals are interwoven into the backdrop of these events, making it a combination of romance, thriller and a sombre reflection of how Greece got to where it is today.

The Thread was generally very much enjoyed by the group with one or two reservations. Firstly, that Hislop's obviously thorough historical research could make some passages read like a history lesson and secondly, that the characterisation sometimes lacked depth.

(contd. p15)

Local Arts and Crafts ~ continued

Discussion of the book led onto other novels which deal with events in the recent history of Europe and on the effects of war and conflict on the lives of ordinary people.

A good and enjoyable evening.

Jo Robertson

Mylor Sessions - Counterfeit Stones:

Anyone who didn't get to the Hall until

8 pm on 12 September is now kicking

themselves that they missed a great

opening act; local singer/songwriter **Jenny Bishop**. Young, beautiful and talented, she

has opened for great performers such as

Ralph McTell, Midge Ure and Los Pacaminos, amongst others, and

now she's reached the pinnacle – opening for the fabulous

Counterfeit Stones in Tremayne Hall. A great contrast to what was

to follow, she has the sort of voice that once heard is never

forgotten. Her stated passion is to 'touch people's hearts and souls with music' and she certainly succeeded at Mylor.

On to the main course! It may be only rock 'n' roll, but we all liked

it, liked it, yes we did. I'm not sure how many people of a certain

age were rockin' and rollin' in Tremayne Hall, but I do trust the

foundations are still secure. **Nick Dagger** and the boys brought

their inimitable energy and verve to the small stage (transformed

into the Marquee Club for one night only), belting out the best of

Stones from the early days of 'It's All Over Now' through 'Ruby

Tuesday', to 'Jumpin' Jack Flash', 'Honky Tonk Women' and 'Brown

Sugar'. Almost two hours of pure class.

At the end of a rip-roaring show, the crowd stamped and screamed

for more. One chap was heard to say plaintively "They can't be

finished, they haven't played Satisfaction!" The more experienced

Counterfeit aficionados smiled knowingly and continued to shout

until Nick and the boys ran back on stage to give us what we all

wanted – Satisfaction.

Susie Skinner

Thanks to everybody for their continued support, enabling us to keep bringing great shows to Tremayne Hall, Mylor.

*Next up: Mon 12 November – **John Williams and John Etheridge.***

*Please sign up to our mailing list at **www.mylorsessions.co.uk***



Local Arts and Crafts ~ continued

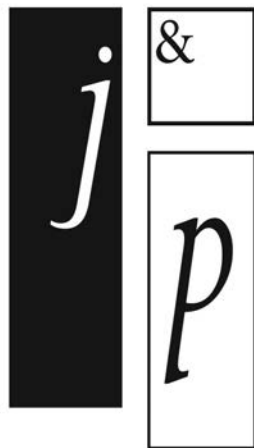
Mylor Movies: Our film this month ***Tortoise in Love***, is a bit of a curiosity. Famous this summer for having brought farm tractors into Leicester Square, this is a 'no-budget' comedy filmed entirely in the Oxfordshire village of Kingston Bagpuize, with all the locals helping with production in one way or another.

Tom, gardener at the big house, is not a fast mover with women; in fact, he's glacially slow. When beautiful Polish au pair Anya arrives for the summer, Tom falls for her catastrophically. Tom's adviser in matters of the heart is young Harry, the son of the house, neglected by his rich father and left to run wild in the gardens. Harry's secret wish is for the Red Arrows to appear at the village fete: Tom's is to win the heart of Anya. Both seem impossible dreams until the whole village decides to lend a hand.

A little gem of a film which we hope you will enjoy with us in Tremayne Hall on Wednesday 28 November at 7.30 pm.

Tickets at the door.

Jo Robertson



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Local Arts and Crafts ~ continued

Duchy Opera Concert: On Sunday 25 November at 3.00pm, singers from Duchy Opera, known for its innovative productions throughout Cornwall, will be performing extracts from popular opera in the Tremayne Hall. There will be choruses from Carmen, Die Fledermaus and The Merry Widow, as well as individual items from the Company's soloists. **Kay Deeming** and **Cheryl Brendish**, well known in Mylor, having given several concerts in the village, will be joined by **Sue Lancaster, Evie Hilderley, Lucy Eaton** and **Ian Kinver**. **Paul Drayton**, Duchy Opera's Musical Director will be the accompanist. Proceeds go to the St Mylor Church Organ Fund and Duchy Opera. Tickets **£7** from **Hazel Carruthers** 01326 374262 or **Kay Deeming** 01326 377189 or at the door. It is advisable to book tickets in advance. Refreshments are provided and transport is available if needed.



Kay Deeming

Mylor Singers' Christmas Concert: We have completed our six Summer concerts and are now rehearsing for a concert entitled 'Christmas Cheer' in The Tremayne Hall on Saturday 8 December, starting with supper at 7pm. Tickets are £6 at the door and the proceeds go to Mylor Methodist Church. The programme is varied, starting with **Deck the Halls** and including the choir's favourite **Good enough for Him**. There will be carols and Christmas songs with audience participation, plus a piano solo during the singing of **O! Holy Night** by the choir's musical director, **Bridget Westlake**. This should provide a lovely evening. Hope to see you there. **Lady Mary Trefusis**, Lady in Waiting to **Queen Mary**, was very musical and formed a ladies' choir in Mylor. In later years, the choir was revived and in 1973, the choir was taken over by **Terry Burleigh**, conductor and **Pam Symons**, accompanist. On their retirement after 27 years, **Bridget Westlake** became our musical director. We are a little depleted in numbers but we are still going strong and carrying on the tradition of the choir even though we have changed the name to **The Mylor Singers**. We need a few more ladies, so if there is anyone out there who would like to join our very happy choir which meets on a Tuesday evenings at 7.30pm in the Methodist School Room, please phone **Gill Stevenson** 01326 373736 or **Irene Gardiner** 01326 619019.

Irene Gardiner



MYLOR BRANCH SURGERY



Mylor surgery update - Nurse clinics

The Mylor branch surgery is an important and valued part of the Trescobeas practice and as such we aim to deliver the best possible service to our Mylor patients.

Having just introduced a prescription drop off scheme at Mylor shop and extended dispensary opening hours, we are still keen to do more.

Feedback from the Parish council, Patient Participation Group and Mylor patients has told us that Nurse clinics are desperately needed. Whilst we always have to work within the resources available to us, we are pleased to announce that we will be laying on a variety of Nurse clinics.

With Julie conducting health and lifestyle checks every Thursday, Tracey doing blood tests fortnightly on Mondays and Gail holding monthly diabetic clinics, we believe that the vast majority of ailments can now be dealt with from the Mylor Surgery.

Contact the main Trescobeas Surgery on 01326 315615 to book for these appointments.

To register with Trescobeas simply come into the Mylor branch surgery, ring 01326 315615 or visit www.trescobeas-surgery.co.uk.

Health and Fitness ~ Rhiannon Parsons

Have you noticed, maybe during the Olympics, how all the participants spent time stretching after their events? Back when a lot of us were still at school, routine stretches simply weren't done. You played your games then simply stopped and got changed. Stretching your muscles once you'd finished your sport wasn't really heard of back then.



These days, thank goodness, science has shown that it is essential to stretch after any prolonged activity - not just sport, but also such things as shopping, gardening, heavy duty housework and decorating, to name but a few.

You probably already know quite a few basic stretches, so you could use them gently whenever you think you need to, but do just remember to make sure your body is warm before you stretch, otherwise you could tear the muscles and injure yourself. And never force a stretch, just go into it gently and hold it for at least two breaths in and out.

There are a couple of easy, yet brilliant stretches which most people can use to save back problems. One is to lie down on your back with your knees bent and both feet on the floor. Place a pillow or large cushion beside your right hip and then allow both knees to go gently across to the right until your legs are resting on the pillow and allow your head to roll gently to the left. Bring the legs back to centre one at a time, return your head to centre and repeat all this to the other side. If you're quite flexible, you won't need the pillow and can let the legs rest on the floor.

Another one which releases your back and can really help neck mobility is done sitting on an upright chair. Keep your legs facing forward while you turn to the right and use the back of the chair to ease further round, looking behind you as far as your neck is happy to go. Come back to centre and repeat this to the other side.

Any stretches are best done little and often, making sure you are warm before you do them. If you can find some that really help you, it's worth making time to do them on a daily basis. As with any ongoing problem, a visit to the doctor is generally best especially if you need a referral for some physiotherapy. For a great way to get into stretching regularly, you could try a Yoga or Pilates class - there are several running in Mylor at the moment - or for something more energetic, try a Fitness or Zumba class as you'll do a full set of stretches at the end of those too.

www.welcomeingfitness.co.uk

Village Snippets ~ Thoughts and comments from passers by

We really enjoy the walk along Church Road to the harbour and back, stopping for a cuppa at the cafe.

I love the art displays in the lobby at the Tremayne Hall – long may they continue!

My grandchildren love going to the playing field when they come to stay, especially playing on the new equipment.

The Mylor Magazine is a valuable contribution to village life.

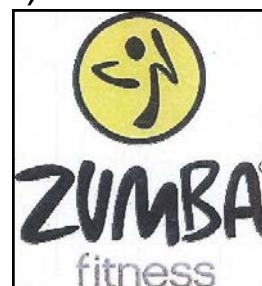
(A genuine quote, honest! Not my words - Ed.)

I do get fed up with the dog poo – especially along Trevellan Road and the footpath by the creek. Why can't people carry bags and pick it up? There are bins around.

ZUMBA at the Tremayne Hall on a Tuesday evening! Fantastic fun!

I keep cutting my Honeysuckle back. It grows like mad, but at least it's holding up the fence.

The road has been 'up' near my house, so I haven't been able to get the car out for a while. Now it's finished I am back visiting the busy 'city' of Mylor and being greeted warmly by **so** many people.



Lovely to enjoy happy hours with wonderful friends! (Especially if you are house-bound.)

I took my two rabbits to the vet as they had been playing up. I was told they were both having PMT as they are two females living together!

Val Jeans-Jakobsson

Tremayne Hall Supporters Club

Many readers will know that funds for the upkeep of our marvelous Hall are raised through a monthly draw. Half the money raised each month goes into the maintenance and improvement fund, and half is distributed as prizes. In 14 years, the draw has contributed more than £30,000 to help meet the cost of both routine maintenance and emergency repairs. Top prize each month is £100 and there are usually four smaller prizes. But: the support fund and the prize pool depend on numbers participating in the draw; numbers which at **the moment are slowly and sadly slipping downwards. So, if you're not yet a member**, for £1 per month you could help to support our valuable village asset and also enjoy the chance to win £100. Please pick up a form in the lobby or contact me on 01326 374073 for more details.

Terry Chapman

Local History ~ The Ukrainian Memorial

On the road to the right from The Bluff crossroads at the top of Passage Hill to Dales Farm and Greatwood, there is a memorial that you may not have seen unless you walk that way. Half way along on the left, by the entrance to some fields and farm buildings, there is a poignant reminder of the camp that was set up there for Ukrainian refugees at the end of World War Two. There had been an American camp at the Bluff and a British camp at Restrounguet Barton. A prisoner-of-war and refugee camp was established between the two, with Nissan huts and water laid on by the Americans. After the war, prisoners were repatriated but many displaced persons remained and they established a church in one of the huts. It was beautifully decorated and a Roman Catholic priest from Falmouth visited regularly to take services. Non-Catholics were made welcome at Mylor Methodist Chapel and many friendships were formed. Dmitro Szewczuk (known as Jim) and his wife Valentina had learnt English in the camp and became one of its natural leaders. Eventually, they moved into a cottage in Mylor. There were about 110 men in the camp, which consisted of ten huts, a recreation hall, administration buildings and a kitchen. Many of the men obtained work in the area and some stayed on and settled in here. When the camp finally closed,



they built an eight foot cross on the site of the old guard house in gratitude and as a symbol of the faith that had sustained them.



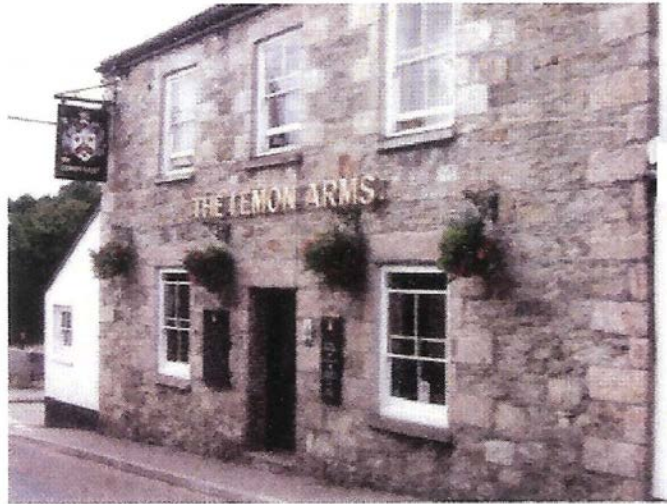
Michael Jeans-Jakobsson

If you are interested in local history and would like to talk about it, to look at our archive or to make a contribution, come along to the Tremayne Hall on any Thursday afternoon between 2.30 and 4 pm.
Mylor Local History Group: Secretary ***Jill Quilliam*** 01326 376403

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Pictures by *Judy Menage*

Local Exploits ~ Building Iola, a Golant Ketch

You may have noticed that a boat has appeared on the left side of Trevellan Road just before you get to the Post Office. It is a prototype for a home-built 6m centre-board ketch designed by **Roger Dongrey, who earlier designed a very pretty little 'Shrimper'** gaff cutter for home build in strip plank cedar and sheathed with epoxy and glass cloth.

I had built and sailed small boats from my youth and an apprenticeship in the Royal Navy gave me experience in traditional boat building skills. For those who have not built a boat before, providing there is some ability with woodworking hand and power tools, it is not as daunting as it first appears.

We had owned and enjoyed a succession of boats when we lived in Emsworth, but on moving to Mylor we felt the need to build our **'perfect' boat and we persuaded Roger to let us build the Golant Ketch** as we had a garage quite big enough to house the work.



The initial designs quickly appeared, soon followed by full sized plans and we commenced the job of ordering materials, marking out templates and constructing the hull upside down, in the traditional manner. If you would like to read a more detailed account of the

process, a fuller article should be appearing in ***Watercraft*** shortly.

Suffice it to say that after five months, it was time to persuade my engineering students at Falmouth Marine School that solving a problem like turning the finished hull the right way up would be interesting. That



done, we commenced the interior build which has taken somewhat **longer, but after twenty months, 'Iola' now sits proudly on her** trailer for all to see and we face the final tasks of fitting out and rigging her.

We hope to launch at the end of October and there will doubtless be an update article later, all being well.

Martin and Julie Peart

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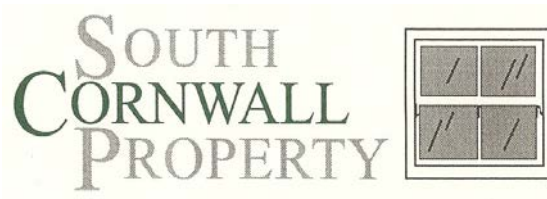
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Farming Notes ~ Matthew Dale

Rain, rain, go away, come again another day. And as far as I'm concerned that 'another' day can be at least a couple of months hence. Obviously some rain is good but we can all have too much of a good thing!

With the wet spring merging into a wet summer and then into a wet autumn the land is saturated. Apart from the poor and difficult harvest this has meant that we are now struggling with the autumn planting. We managed to plant all the Oil Seed Rape (OSR) but so far we have only planted 50 of the 150 acres of barley, wheat and oats. To add insult to injury, the slug population has ballooned with the mild, wet weather. So much so that despite two doses of slug pellets the slimey pests have devoured 12 acres of OSR; three whole fields have been stripped bare of plants.

Apart from spreading slug pellets **with the quad bike we hadn't** been able to get out onto the fields at all. As a consequence it was great to get out with a tractor after more than two weeks of them being parked in the yard. I was spreading a small dose of nitrogen fertilizer on the OSR in a bid to help it grow faster than the slugs can eat it.



Autumn on Mylor Creek foreshore at Vent an Vean

Apart from getting the work done it was very therapeutic to be out and doing some fieldwork.

If the colder and shorter days were not signs enough that autumn is rumbling on toward winter then the disappearance of the swallows is a clincher. With their departure comes the arrival of the winter visitors, jays and magpies have arrived, as have the flocks of finches and linnets. I have seen groups of a hundred or more of **the "LBJs"** – little brown jobs - feeding on our winter stubbles and specially sown wild bird cover. A mix of millet, barley and quinoa has been planted at various points around the farm for these small birds. So whatever the winter throws at us they will have somewhere to find food.



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Wildwatch ~ Dorrit Smith



I have just returned from Canada where I saw **again the wonderful colours of 'The Fall'.** Our Autumn in Cornwall is rarely so beautiful because the equinoctial gales often rip the leaves from the trees before they can change to those glorious autumn colours. Why does this rich palette of colour occur? It is not there to please our eye, although of course it does. It is there as part of an annual re-cycling programme. All deciduous trees lose their leaves in the autumn. They do so to protect themselves from the effects of frost and other weather events. The useful pigments in the green chlorophyll are withdrawn into the main body of the plant and the unwanted, toxic and excretory products are sent to the leaves for dropping— clever stuff. All this has the effect of turning the leaves those glorious colours. They fall and decay and the process of decay detoxifies and recycles all the organic material. This makes a rich topsoil for use by other plants in the coming years.

This thought brings me to want to say something about the miracle that is decay. Many think of the decay process as revolting or even evil, but it is, in fact, part of the very scheme of things. Here is a statistic: if all the flies that were born and died in one year remained un-decayed, their bodies would form a pile that **would cover Nelson's Column in Trafalgar Square and stretch in a circle as far as Buckingham Palace.** If there was no decay we would be swamped by stuff lying around us and there would be no room on the planet. If there was no decay all the organic stuff that there is would be locked up in un-decayed matter and would be unavailable for use. There would be no food, no new births, no nothing. All that there is would be lying around locked up in what there was!

So get composting at once! Re-cycle all that you can and remember that decay is a blessing, not a curse. Let the fungi and bacteria, those organisms that cause decay, have time to do their wonderful work.





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On the Water ~ Malcolm Clark

Remember, remember: The Silver Oyster Race takes place every year on 5 November to celebrate the Truro Oyster fishery's 1901 High Court victory over Truro Corporation. Since 1901, November 5th has been a holiday for the oystermen: in 1978 Mylor Yacht Club decided to host a race to celebrate the High Court victory and invited all working boats holding dredging licenses from Truro to participate for the Silver Oyster Trophies. These trophies were commissioned by the then-Commodore of the club **Peter Grigg**, and comprise two mounted oyster shells cast from local oysters. Truro Corporation could only raise money by the sale of licenses, levying a fixed fee for each dredge. Then, as now, they sought to find ways of increasing revenue and planned to charge the dredgermen for laying or re-laying oysters along the foreshore.



© Mike Thomas

In the early part of the 20C the oyster fishery supported up to 40 working boats, and over 100 punts. The unique character of the fishery, by sail only, has helped preserve it although there is only a handful of licensed working boats.

Nevertheless there is still a fleet of unlicensed 'working' boats, who may also take part in the race, but compete separately. The race will start at about 11 o'clock on Monday 5th (but check with the club), followed after racing by the presentation of trophies and prizes in the MYC clubhouse. The fishery has survived into the 21C despite a number of threats: in the 19C, fleets from other oyster fisheries would compete for the stock; in the early 1980s a deadly oyster virus infected the stock and the fishery all but died off and was closed from 1981 to 1984; in 1992 more than 45 million litres of acidic, contaminated mine water swept into the Carnon River and spread its contents into Restronguet Creek, the Carrick Roads and Falmouth Bay. Fortunately the mine water was less dense than the saline waters in the estuary and formed a buoyant plume flowing out to sea. Even now the fishery is alleged to be at risk from the dredging planned as part of the expansion of Falmouth Docks. Ironically, the Silver Oyster Race itself may be threatened by the creation of the Marine Conservation Zone off St Mawes Bank.



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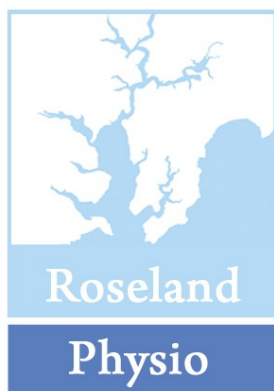
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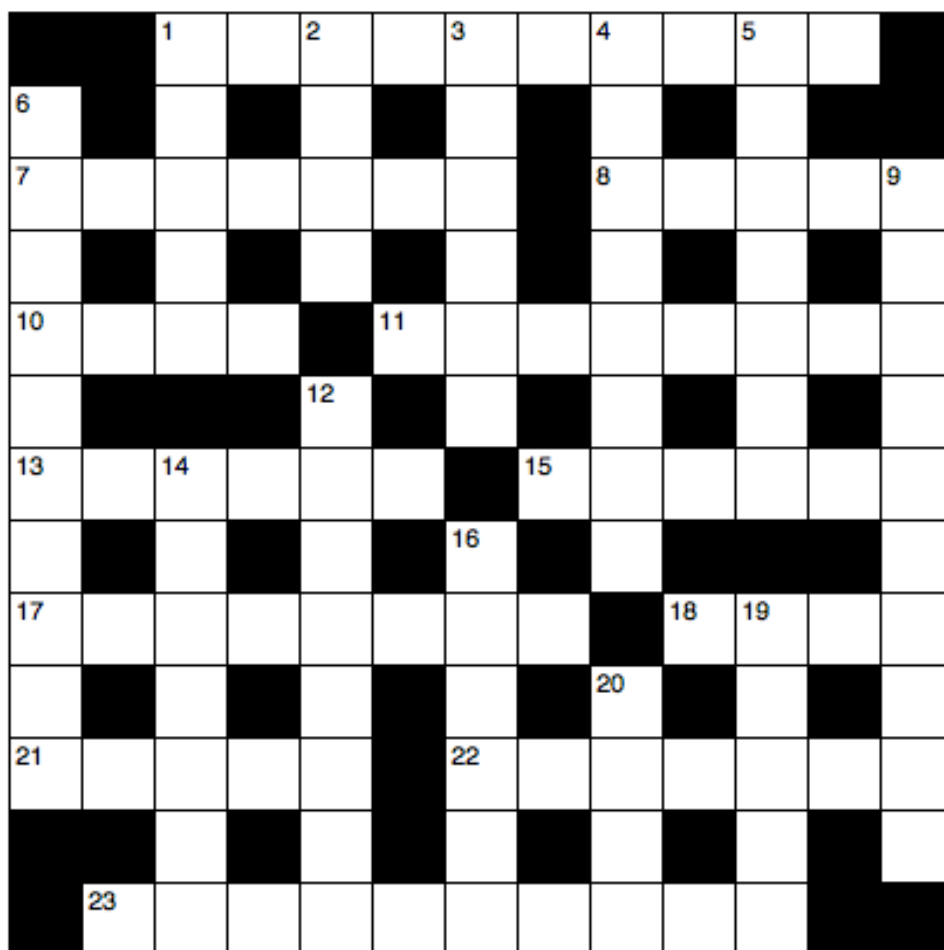
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No 57

Crossword

Answers inside back cover



Across

- 1 He was replaced as king of Judah by his uncle Mattaniah (2 Kings 24:17) (10)
- 7 'Let us fix our eyes on Jesus... who for the joy set before him — the cross' (Hebrews 12:2) (7)
- 8 Relieved (5)
- 10 Impetuous (Acts 19:36) (4)
- 11 Surprised and alarmed (Luke 24:37) (8)
- 13 'It is — for a camel to go through the eye of a needle than for the rich to enter the kingdom of God' (Mark 10:25) (6)
- 15 Directions for the conduct of a church service (6)
- 17 One of the acts of the sinful nature (Galatians 5:19) (8)
- 18 and 20 Down 'She began to wet his — with her tears. Then she wiped them with her — ' (Luke 7:38) (4,4)
- 21 'We will all be changed, in a flash, in the twinkling of an — , — the last trumpet' (1 Corinthians 15:51–52) (3,2)
- 22 'But he replied, "Lord, I am — — go with you to prison and to death"' (Luke 22:33) (5,2)
- 23 Third person of the Trinity (2 Corinthians 13:14) (4,6)

Down

- 1 He betrayed Jesus (Matthew 27:3) (5)
- 2 Paul's assurance to the Philippian jailer: 'Don't — yourself! We are all here!' (Acts 16:28) (4)
- 3 'Fear God and keep his commandments, for this — the whole — of man' (Ecclesiastes 12:13) (2,4)
- 4 The sort of giver God loves (2 Corinthians 9:7) (8)
- 5 Sun rail (anag.) (7)
- 6 Naboth, the ill-fated vineyard owner, was one (1 Kings 21:1) (10)
- 9 Paul said of young widows, 'When their sensual desires overcome their — to Christ, they want to marry' (1 Timothy 5:11) (10)
- 12 This was how Joseph of Arimathea practised his discipleship 'because he feared the Jews' (John 19:38) (8)
- 14 Mop ruse (anag.) (7)
- 16 Foment (Philippians 1:17) (4,2)
- 19 Where Joseph and Mary escaped to with the baby Jesus (Matthew 2:14) (5)
- 20 See 18 Across

More About ~ Jan Sadler

Many Mylor residents will be surprised to hear that from her home in the village ***Jan Sadler*** runs a website which reaches people all around the world and receives over thirty thousand visits per month.



Jan's story is a classic example of how individuals can turn adversity into opportunity as Jan's website www.painsupport.co.uk resulted directly from her suffering a serious back injury which left her with sciatica and nerve pain from her back to her toes.

After trying many different treatments including a major operation, **Jan's Consultant finally told her that there was nothing more that could be done and she must go home and 'learn to live with it'.**

At that time there was little help available so Jan set about finding methods of reducing and managing the pain herself without having to resort to a dependence on pain killing drugs that caused her major side effects.

So successful was she in her research into managing pain that in 1997 she gathered all her ideas together and published her best-selling book on pain management entitled 'Natural Pain Relief' now published in the USA as 'Pain Relief Without Drugs'. From the feedback she received from her book and CDs Jan realised that there were thousands of people in a similar situation to her looking for help and support.

The answer had to be a website where people could read about how they could manage their own pain. So Jan designed a website with a Discussion Forum open to all where issues could be aired and information shared, a Contact Club where those in pain could be put in touch with others in a similar situation for friendship and support, plus a page where visitors could find books, CDs and downloads and also sign up for a free lively monthly newsletter.

So in 1999 www.painsupport.co.uk was launched. Jan was amazed to find that the site was soon discovered by visitors from countries all around the world including one doctor who is running the only pain clinic in Bangladesh asking if he could use her material!

Jan's work in pain management has now been recognised with the award of an MBE in the Queen's Birthday Honours List this year.

Colin Sadler



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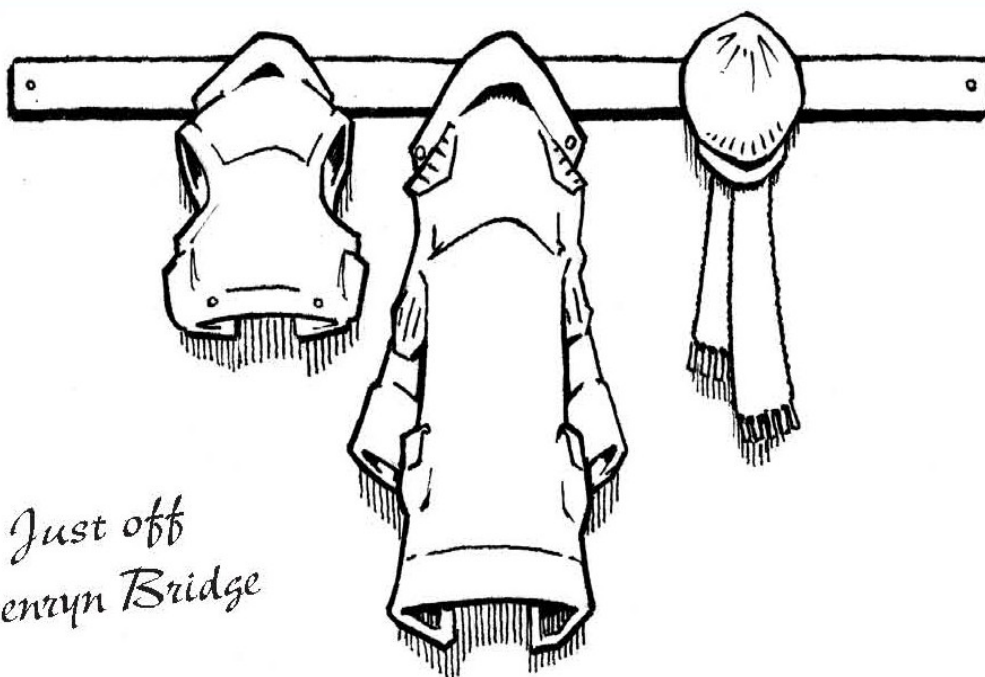
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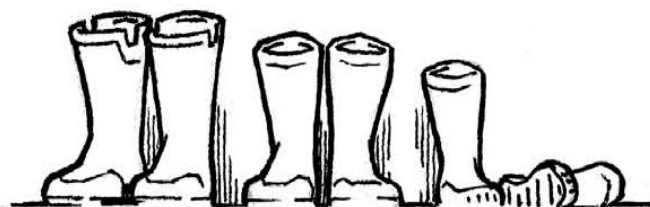
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Crossword Solution

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10, Rash. 11, Startled. 13, Easier. 15, Rubric.
17, Impurity. 18, Feet. 21, Eye at. 22, Ready to.
23, Holy Spirit.
Down: 1, Judas. 2, Harm. 3, Is duty. 4, Cheerful.
5, Insular. 6, Jezreelite. 9, Dedication. 12, Secretly.
14, Supremo. 16, Stir up. 19, Egypt. 20, Hair.



'No Mrs Brown, it's not because I'm marvelling at the birds twittering and the gentle pace of village life.... I'm still standing here because you are parked on my foot!'

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